

# CARERS WEEK 10TH-16TH JUNE

## GETTING CARERS CONNECTED WITHIN COMMUNITIES

### PLANNING AHEAD

MONDAY 10TH JUNE FROM 09:30-  
15:00

NEW DIRECTIONS (330 NORTHUMBERLAND AVENUE, READING,  
RG2 8DH)

- One-to-one confidential session with Boyes Turner solicitors.
- Mental health talk and a psychiatrist on-hand
- End of life care information session

**Call the hub book your place**

### MARKET PLACE

WEDNESDAY 12TH JUNE AT BROAD  
STREET MALL FROM 11AM- 14:00.

Come and meet other organisations/ services to find out what  
support is available to you.

### PAMPERING SESSION

FRIDAY 14TH JUNE FROM 10AM- 3PM.

WHITLEY WOOD COMMUNITY CENTRE (SWALLOWFIELD DRIVE,  
READING, RG2 8UH)

- Hair trims, Manicure, Make-up session/ eyebrow threading,  
Health MOT's .. Gardening workshop

**Call the hub book your place**



provided by  
**carerstrust**  
a Network Partner

**Are you, or  
someone you  
know providing  
much needed  
support to a  
loved one,  
neighbour or a  
friend with a  
long-term  
illness or a  
disability?**

TO BOOK A PLACE,  
PLEASE CALL THE

HUB ON

0118 324 7333.

\*All events are free of  
charge\*